

## Public Health Task Force Report

This report is about how the public has been benefitting from the legalization of CBD. How things have improved for people that were addicted to pain medications.

How CBD helped them get off those medications and live a better, healthier lives while still helping them deal with the pain that was causing them.

Not just that, this report also contains how CBD is currently being used to help pets like dogs and cats with arthritis. It causes a lot of pain to them, just like humans. And thanks to CBD, even pets can benefit from it without having to risk their liver and other organs.

If you want more in-depth info on how CBD has been beneficial for everybody, check out the homepage of [HCHAlliance.org](https://HCHAlliance.org)

## **Benefits of CBD For Humans**

Where do we start?

It has been well documented that CBD has pain relieving effects. But because of the fact that it contains THC, it was illegal until 2018 to be used as an alternative pain medication without prescription. But since the 2018 Farm Bill, it was signed into law and hemp has been legalized by the federal government.

The only restriction is that the end product should have less than 0.3% THC in it.

THC is the stuff that causes the high when people smoke weed. With CBD having only 0.3% or less THC in it, people who smoke or consume it, won't get high. But they will still experience the benefits of it.